

To Our Guests and Visitors about Receiving Holy Communion:

1. In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).
2. If you are non-Orthodox, please refrain from approaching the Chalice, but speak with Fr. Jonathan after the Liturgy. If you are Orthodox and unfamiliar to the Priest, please introduce yourself to Fr. Jonathan prior to the Liturgy, otherwise at the Chalice.
3. Please approach the Chalice in the following order: children first; then row-by-row from the front of Church, going to the Chalice on the side you are positioned (if there are two Chalices), returning to your place by the outside aisle past the table with the *antidoron* (bread and wine).

Prayers of Holy Oblation are offered for the Health of:

Archprst. Stephen	Archprst. Elias	Mat. Marion	Irene	Laurie
Barbara	Tanya	Eugenia	Nicole & Noelle	Eli
Joshua	Mark	Constance	Nick	Nina
Charles	Gregory	Ronald	Tatiana	Bradley
Nancy	Deanna	Bill	Kay	Lydia
Nicholas	Mary	Heike	Mikey	Patrick
Medhat	Richard	Michael	Kathy	Dolores
John				

Prayers of Holy Oblation are offered in Memory of:

Archpr. Moses (ND)	Rose (ND)	Archpr. Sergius (ND)	Juliette (ND)
Kevin (ND)	Anna (ND)		

March Birthdays:

Michael Blazso (3/06)	Willard Brown (3/09)	Marina Proskurina (3/15)
Carol Skinner (3/28)	Sue Brown (3/29)	

TO SPONSOR COFFEE HOUR, please sign up on the calendar book on the glass case. COFFEE HOUR.

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at www.thatsmybrick.com/stmarkorthodox. You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters vary accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

St. Mark Orthodox Church

1517 57th Street E
Bradenton, FL 34208

"The Messenger"

V. Rev. Fr. Jonathan Cholcher
Rector

V. Rev. Fr. Stephen Plumlee
Attached

Rev. Fr. Nicholas Roth
Attached

Sub-Deacon James Abraham

Parish Phone: (941)-749-7662

Parish Website: Bradentonorthodox.org

www.facebook.com/St.MarkOrthodoxChurch

Parish E-mail: stmarkocarector@gmail.com

Fr. Jonathan's Cell: (941)-807-5393

Office Hours: W, Th, F 10:00 AM – Noon

This week at St. Mark

17 Sunday	5:00 PM	Forgiveness Vespers (Lent begins)
18 Monday	6:00 PM	Compline & Great Canon I
19 Tuesday	6:00 PM	Compline & Great Canon II
20 Wednesday	9:30 AM	Presanctified Liturgy
20 Wednesday	6:00 PM	Compline & Great Canon III
21 Thursday	6:00 PM	Compline & Great Canon IV
22 Friday	6:00 PM	Presanctified Liturgy
23 Saturday	9:30 AM	Divine Liturgy (blessing of koliva [boiled wheat])
23 Saturday	3:30 PM	Intro to Orthodoxy
23 Saturday	5:00 PM	Great Vespers
24 Sunday	9:30 AM	Divine Liturgy
24 Sunday	5:00 PM	Great Vespers & Procession

**Sunday, March 17, 2024 Tone 8
Cheesefare Sunday
Expulsion of Adam From Paradise**

Prokeimenon**Tone 8****(Lenten Triodion)**

Pray and make your vows / before the Lord, our God! (Ps. 75:10a)

V. In Judah God is known; His name is great in Israel. (Ps. 75:1)


Romans 13:11-14:4 (Epistle)

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Matthew 6:14-21 (Gospel)

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

ANNOUNCEMENTS

- Our Parish website is www.bradentonorthodox.org. Please check it out and give any feedback you might have to Fr. Jonathan or a Council member. You can also find Saint Mark online at www.facebook.com/St.MarkOrthodoxChurch.
- **Quarterly Charity (Jan.-March): Orthodox Prison Ministry**
- **A COFFEE HOUR SPONSOR SHEET** is located on the glass bookstore case in the Narthex. Please consider sponsoring Coffee Hour in 2024. Speak with Marsha Blaszo for more information.
- **Immediately following each Divine Liturgy as we venerate the Cross, we pray the Post-Communion Prayers. Please maintain quiet until the prayers are completed.** 
- **2023 Contribution Statements** will be available *upon request* from our Treasurer Willard Brown. If you would like a Contribution Statement for 2023, please speak with Willard who will generate one for you.
- Anyone interested in helping count the Sunday collections, please see a Parish Council member.
- New Parish Council members: Sbdcn. James Abraham, Will Bortins, Bob Matskevich, Michael Kulisz.
- **Lenten Project** is the lift station needed to tie into the Manatee County sewer system, as required by the County with any new construction. This will need to be completed before a new hall can be built.
- The Myrrhbearers are planning a **Potluck Lunch next Sunday**, March 24. You are free to bring a fast-friendly, Lenten dish to share along with the dish's recipe. "Fast-friendly" means no meat or dairy products included. If you have any questions, contact Marsha Blaszo.
- **Next Sunday**, March 24, at 5:00 PM we are hosting the **Sunday of Orthodoxy Vespers** (also the eve of Annunciation). Please bring an icon to carry during the Procession with Icons; a reliquary of 8 Saints will be present for veneration. A Lenten supper will follow the service coordinated by our Myrrhbearers.
- Architectural drawings and an artist's rendition of a proposed fellowship hall for St. Mark Church are on display in the Narthex. Please join us in prayer seeking God's will for the realization of this project.

Hymns after the Entrance with the Gospel:

Troparion **Tone 8** *(Resurrection)*

Thou didst descend from on high, O Merciful One!

Thou didst accept the three day burial to free us from our sufferings!//

O Lord, our Life and Resurrection, glory to Thee!

Troparion **Tone 4** *(St. Mark)*

From your childhood the light of truth enlightened you, O Mark

And you loved the labor of Christ the Savior

Therefore you followed Peter with zeal

And served Paul well as a fellow laborer//

And you enlighten the world with your Holy Gospel

Glory to the Father, and to the Son, and to the Holy Spirit,

Kontakion **Tone 2** *(St. Mark)*

You did receive the grace of the Spirit from on high

Destroying the snares of the orators

You did hunt all the nations O Apostle

And led them to your Master//

O glorious Mark the preacher of the Gospel of God

Now and ever and unto ages of ages. Amen

Kontakion **Tone 6** *(Lenten Triodion)*

O Master, Teacher of wisdom,

Bestower of virtue,

Who teachest the thoughtless and protectest the poor,
strengthen and enlighten my heart!

O Word of the Father,

let me not restrain my mouth from crying to Thee:

“Have mercy on me, a transgressor//

O merciful Lord!”

The following are prayers for the Building of a Fellowship Hall here at Saint Mark Church. In your daily prayer rule, please join in seeking God’s will and blessing upon this effort.

Petition for Building

(included in the Litany of services)

O Lord our God, whose might upholds all creation: Establish the work of our helpless hands, and make this lowly church a place for the showing of Thy glory and for all peoples a house of prayer pleasing in Thy sight. We pray Thee: Hear us and have mercy.

Prayer for Building

O Lord Jesus Christ our God, Cornerstone of Your holy Church, Giver of every good gift, the One who first loved us, look down upon us Your people who desire to build a hall unto Your glory and grant us the wisdom, strength, and resources to accomplish this task in accordance with Your will. Remember the friends and benefactors of this parish who support the construction of this hall and bless them with Your good things. And as You did proclaim that even if Your disciples were silent, the very stones would cry out, so also grant that this hall may proclaim You and draw all who dwell in this city and county to worship You in spirit and in truth. In flame our hearts with love for You that we may offer to You ourselves and all You have given us to the glory of Your holy Name. For You are the true Philanthropist—the Lover of Mankind—and to You we send up glory, together with Your eternal Father, and Your most holy, good, and life-creating Spirit, always, now and ever, and unto ages of ages. Amen.