To Our Guests and Visitors about Receiving Holy Communion:

- 1. In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).
- 2. If you are non-Orthodox, please refrain from approaching the Chalice, but speak with Fr. Jonathan after the Liturgy. If you are Orthodox and unfamiliar to the Priest, please introduce yourself to Fr. Jonathan prior to the Liturgy, otherwise at the Chalice.
- **3.** Please approach the Chalice in the following order: children first; then rowby-row from the front of Church, going to the Chalice on the side you are positioned (if there are two Chalices), returning to your place by the outside aisle past the table with the *antidoron* (bread and wine).

#### Prayers of Holy Oblation are offered for the Health of:

Archhp. Nathaniel	Archpr. Stephen	Archpr. Elias	Mat. Marion	Irene
Laurie	Tanya	Eugenia	Nicole & Noelle	Eli
Joshua	Mark	Nick	Nina	Charles
Gregory	Ronald	Tatiana	Nancy	Deanna
Bill	Kay	Lydia	Nicholas	Mary
Heike	Mikey	Patrick	Medhat	Richard
Barbara	Kathy	Dolores	John	Michael

### Prayers of Holy Oblation are offered in Memory of:

Archpr. Moses (ND) Anna (ND)

#### April Birthdays:

Mat. Marion Mitchell (4/1)	Nate Kulikowski (4/10)	Christina Stefanescu (4/12)
Clyde McKenzie (4/15)	Fr. Nicholas Roth (4/19)	George Graban (4/21)
Mark Giverc (4/24)	Sarah Taylor (4/24)	Diane Cholcher (4/26)

# TO SPONSOR COFFEE HOUR, please sign up on the calendar book on the glass case. COFFEE HOUR.

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at <u>www.thatsmybrick.com/stmarkorthodox</u>. You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters vary accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

### St. Mark Orthodox Church 1517 57<sup>th</sup> Street E

Bradenton, FL 34208

# "The Messenger"

- V. Rev. Fr. Jonathan Cholcher Rector
- V. Rev. Fr. Stephen Plumlee Attached

Rev. Fr. Nicholas Roth Attached

Sub-Deacon James Abraham

Parish Phone: (941)-749-7662 Parish Website: Bradentonorthodox.org www.facebook.com/St.MarkOrthodoxChurch Parish E-mail: stmarkocarector@gmail.com Fr. Jonathan's Cell: (941)-807-5393 Office Hours: W, Th, F 10:00 AM – Noon

### This week at St. Mark

3 Wednesday	6:00 PM	Presanctified Liturgy
5 Friday	9:30 AM	Presanctified Liturgy
6 Saturday	9:30 AM	Memorial Liturgy
6 Saturday	3:30 PM	Intro to Orthodoxy
6 Saturday	5:00 PM	Great Vespers (Carrying out
-		of the Cross)
7 Sunday	9:30 AM	Divine Liturgy (Veneration of
•		the Cross)
7 Sunday	1:00 PM	Teen Ice Skating
•		-

Sunday, March 31, 2024 Tone 2 St. Gregory Palamas Repose of St. Innocent

# Prokeimenon Tone 5

Thou, O Lord, shalt protect us / and preserve us from this generation forever. (Ps. 11:7)

V. Save me, O Lord, for there is no longer any that is godly! (Ps. 11:1a)

ProkeimenonTone 1(St. Gregory Palamas)My mouth shall speak wisdom; / the meditation of my heart shall be<br/>understanding. (Ps. 48:3)

# Hebrews 1:10-2:3 (Epistle)

And: "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You remain; and they will all grow old like a garment; like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail." But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him,

# Hebrews 7:26-8:2 (Epistle, Saint)

For such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens; who does not need daily, as those high priests, to offer up sacrifices, first for his own sins and then for the people's, for this He did once for all when He offered up Himself. For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, appoints the Son who has been perfected forever. Now this is the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens, a Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.

# Mark 2:1-12 (Gospel)

And again He entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?" But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins" – He said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

# John 10:9-16 (Gospel, Saint)

I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture. The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. I am the good shepherd. The good shepherd gives His life for the sheep. But a hireling, he who is not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them. The hireling flees because he is a hireling and does not care about the sheep. I am the good shepherd; and I know My sheep, and am known by My own. As the Father knows Me, even so I know the Father; and I lay down My life for the sheep. And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd.

# **ANNOUNCEMENTS**

- Our Parish website is www.bradentonorthodox.org. Please check it out and give any feedback you might have to Fr. Jonathan or a Council member. You can also find Saint Mark online at www.facebook.com/St.MarkOrthodoxChurch.
- Quarterly Charity (Jan.-March): Orthodox Prison Ministry  $\geq$
- > A COFFEE HOUR SPONSOR SHEET is located on the glass bookstore case in the Narthex. Please consider sponsoring Coffee Hour in 2024. Speak with Marsha Blazso for more information.
- Immediately following each Divine Liturgy as we  $\geq$ venerate the Cross, we pray the Post-Communion Prayers. Please maintain quiet until the prayers are completed.



- > Anyone interested in helping count the Sunday collections, please see a Parish Council member.
- > Lenten Project is the lift station needed to tie into the Manatee County sewer system, as required by the County with any new construction. This will need to be completed before a new hall can be built.
- > Architectural drawings and an artist's rendition of a proposed Fellowship Hall for St. Mark Church are on display in the Narthex. Please join us in prayer seeking God's will for the realization of this project.
- > Teen Ice Skating is planned for next Sunday, April 7, following Liturgy. The rink in Ellenton in the outlet mall opens at 1:00 PM; admission is \$16/skater. The Teen fund at Church will pay for \$8/person. See Fr. Jonathan for details. All teens are invited!

**Prayer for Building** (of a Fellowship Hall; please include in your daily prayers):

O Lord Jesus Christ our God, Cornerstone of Your holy Church, Giver of every good gift, the One who first loved us, look down upon us Your people who desire to build a hall unto Your glory and grant us the wisdom, strength, and resources to accomplish this task in accordance with Your will. Remember the friends and benefactors of this parish who support the construction of this hall and bless them with Your good things. And as You did proclaim that even if Your disciples were silent, the very stones would cry out, so also grant that this hall may proclaim You and draw all who dwell in this city and county to worship You in spirit and in truth. Inflame our hearts with love for You that we may offer to You ourselves and all You have given us to the glory of Your holy Name. For You are the true Philanthropist-the Lover of Mankind-and to You we send up glory, together with Your eternal Father, and Your most holy, good, and life-creating Spirit, always, now and ever, and unto ages of ages. Amen.

## Hymns after the Entrance with the Gospel:

Troparion Tone 2 (Resurrection) When Thou didst descend to death. O Life immortal. Thou didst slay hell with the splendor of Thy Godhead. And when from the depths Thou didst raise the dead, all the powers of heaven cried out:// "O Giver of life, Christ our God, glory to Thee!"

Troparion Tone 8 (St. Gregory Palamas) O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace,// always intercede before the Lord that our souls may be saved!

#### Kontakion Tone 2 (Resurrection)

Hell became afraid, O almighty Savior Seeing the miracle of Thy Resurrection from the tomb! The dead arose! Creation, with Adam, beheld this and rejoiced with Thee// and the world, my Savior, praises Thee forever.

# Glory to the Father, and to the Son, and to the Holy Spirit,

Kontakion (St. Gregory Palamas) Tone 8 No one could describe the Word of the Father; but when He took flesh from thee, O Theotokos, He accepted to be described, and restored the fallen image to its former state by uniting it to divine beauty.// We confess and proclaim our salvation in words and images.

# Now and ever and unto ages of ages. Amen

Kontakion Tone 4 (From the Lenten Triodion) Now is the time for action! Judgment is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: "Our sins are more in number than the sands of the sea; but forgive us, O Master of all,// so that we may receive the incorruptible crowns!