

To Our Guests and Visitors about Receiving Holy Communion:

1. In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).
2. If you are non-Orthodox, please refrain from approaching the Chalice, but speak with Fr. Jonathan after the Liturgy. If you are Orthodox and unfamiliar to the Priest, please introduce yourself to Fr. Jonathan prior to the Liturgy, otherwise at the Chalice.
3. Please approach the Chalice in the following order: children first; then row-by-row from the front of Church, going to the Chalice on the side you are positioned (if there are two Chalices), returning to your place by the outside aisle past the table with the *antidoron* (bread and wine).

**Prayers of Holy Oblation are offered for the Health of:**

Archprst. Dimitri	Archprst. Stephen	Archprst. Elias	Mat. Marion	Irene
Laurie	Barbara	Tanya	Nicole & Noelle	Eli
Joshua	Mark	Nick	Nina	Charles
Gregory	Ronald	Ricardo	Nancy	Deanna
Bill	Kay	Lydia	Mary	Mikey
Patrick	Maksim	Richard	Kathy	Dolores
John	Jerry	Sbdn. Joseph	Dn. John	Charlotte
Tharika & newborn daughter				

**Prayers of Holy Oblation are offered in Memory of:**

**September Birthdays:**

Will Bortins (9/3)	Jessie Insley (9/7)	Bryan P. Ewers (9/17)
Laurie Kohanik (9/20)	Warren Catterson (9/23)	Larissa Ciampa (9/26)
George Cordero (9/27)		

**TO SPONSOR COFFEE HOUR, please sign up on the calendar book on the glass case. COFFEE HOUR.**

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at [www.thatsmybrick.com/stmarkorthodox](http://www.thatsmybrick.com/stmarkorthodox). You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters vary accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

**St. Mark Orthodox Church**

1517 57<sup>th</sup> Street E  
Bradenton, FL 34208

**"The Messenger"**

V. Rev. Fr. Jonathan Cholcher  
Rector

V. Rev. Fr. Stephen Plumlee  
Attached

Sub-Deacon James Abraham

Parish Phone: (941)-749-7662  
Parish Website: Bradentonorthodox.org  
[www.facebook.com/St.MarkOrthodoxChurch](http://www.facebook.com/St.MarkOrthodoxChurch)  
Parish E-mail: [stmarkocarector@gmail.com](mailto:stmarkocarector@gmail.com)  
Fr. Jonathan's Cell: (941)-807-5393  
Office Hours: W, Th, F 10:00 AM – Noon

**This week at St. Mark**

22	Sunday	3:00 PM	Michael Coliane and Alexys Siagel Wedding
25	Wednesday	6:00 PM	Vespers/Faith & Life Class (beginning the <i>Letter to the Hebrews</i> )
26	Thursday	9:30 AM	Divine Liturgy
28	Saturday	3:30 P M	Intro to Orthodoxy
		5:30 PM	Great Vespers
29	Sunday	9:30 AM	Divine Liturgy
		11:30 AM	Sunday School

**Sunday, September 22, 2024 Tone 4**  
**13<sup>th</sup> Sunday After Pentecost**  
**1<sup>st</sup> Sunday of Luke**  
**Hieromartyr Phocas; St. Quadratus**  
**Prophet Jonah**

**Prokeimenon****Tone 4****(Resurrection)**

*O Lord, how manifold are Thy works; / in wisdom hast Thou made them all.*

*(Ps. 103:26)*

*V. . Bless the Lord, O my soul! O Lord, my God, Thou art very great! (Ps. 103:1)*




**1 Corinthians 16:13-24 (Epistle)**

**Watch, stand fast in the faith, be brave, be strong. Let all that you do be done with love. I urge you, brethren – you know the household of Stephanas, that it is the firstfruits of Achaia, and that they have devoted themselves to the ministry of the saints – that you also submit to such, and to everyone who works and labors with us. I am glad about the coming of Stephanas, Fortunatus, and Achaicus, for what was lacking on your part they supplied. For they refreshed my spirit and yours. Therefore acknowledge such men. The churches of Asia greet you. Aquila and Priscilla greet you heartily in the Lord, with the church that is in their house. All the brethren greet you. Greet one another with a holy kiss. The salutation with my own hand – Paul’s. If anyone does not love the Lord Jesus Christ, let him be accursed. O Lord, come! The grace of our Lord Jesus Christ be with you. My love be with you all in Christ Jesus. Amen.**

**Luke 5:1-11 (Gospel)**

So it was, as the multitude pressed about Him to hear the word of God, that He stood by the Lake of Gennesaret, and saw two boats standing by the lake; but the fishermen had gone from them and were washing their nets. Then He got into one of the boats, which was Simon’s, and asked him to put out a little from the land. And He sat down and taught the multitudes from the boat. When He had stopped speaking, He said to Simon, “Launch out into the deep and let down your nets for a catch.” But Simon answered and said to Him, “Master, we have toiled all night and caught nothing; nevertheless at Your word I will let down the net.” And when they had done this, they caught a great number of fish, and their net was breaking. So they signaled to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. When Simon Peter saw it, he fell down at Jesus’ knees, saying, “Depart from me, for I am a sinful man, O Lord!” For he and all who were with him were astonished at the catch of fish which they had taken; and so also were James and John, the sons of Zebedee, who were partners with Simon. And Jesus said to Simon, “Do not be afraid. From now on you will catch men.” So when they had brought their boats to land, they forsook all and followed Him.

**ANNOUNCEMENTS**

- Our Parish website is [www.bradentonorthodox.org](http://www.bradentonorthodox.org). See also [www.facebook.com/St.MarkOrthodoxChurch](https://www.facebook.com/St.MarkOrthodoxChurch).
- **A COFFEE HOUR SPONSOR SHEET** is located on the glass bookstore case in the Narthex. Please consider sponsoring Coffee Hour in 2024. Speak with Marsha Blazso for more information.
- **Immediately following each Divine Liturgy as we venerate the Cross, we pray the Post-Communion Prayers. Please maintain quiet until the prayers are completed.** 
- Anyone interested in helping count the Sunday collections, please see a Parish Council member.
- Architectural drawings and an artist’s rendition of a **proposed fellowship hall** for St. Mark Church are on display in the Narthex. Please join us in prayer seeking God’s will for the realization of this project. The first phase of the project, elimination of the septic system and tying into the city sewer, is fully funded and underway.
- **THIRD QUARTER CHARITY (July- September): FOCUS North America**; please give generously by designated check or envelope in the Narthex.
- **Monthly Food Bank Collection** – each month we will collect specific food items for our local Manatee County food bank. During September we are collecting **non-sugary cereals and peanut butter**; they can be placed in the designated baskets in the Narthex. 
- **A Baby Shower for Siena Brooks**, newborn of Catechumen Jordan and Tharika Brooks, is scheduled for Saturday, October 12, from 10:00 AM to Noon, at the home of Cathy Johns (3003 93<sup>rd</sup> St. E, Palmetto). They are registered at Amazon under the name Tharika Brooks.
- The Myrrhbearers will be hosting a **Cooking Demonstration** on Saturday, October 26, beginning at 10:30 AM here at Church. The demonstration will be led by our own Warren Caterson featuring **Vegan Entrees** in anticipation of the upcoming Nativity Fast. A sign-up sheet will be available in the Narthex; donations will be welcome, but not required. Warren is a cookbook author and regular food demonstrator around the country. 

*Hymns after the Entrance with the Gospel:*

**Troparion      Tone 4      (Resurrection)**

When the women disciples of the Lord  
learned from the angel the joyous message of Thy Resurrection,  
they cast away the ancestral curse  
and elatedly told the apostles:  
“Death is overthrown!  
Christ God is risen, //  
granting the world great mercy!”

**Troparion      Tone 4      (St. Mark)**

From your childhood the light of truth enlight<sup>e</sup>ned you, O Mark  
And you loved the labor of Christ the S<sup>a</sup>vior  
Therefore you followed Peter with zeal  
And served Paul well as a fellow laborer //  
And you enlighten the world with your Holy Gospel

**Troparion      Tone 3      (St. Quadratus)**

Holy Apostle Quadratus,  
entreat the merciful God //  
to grant our souls forgiveness of transgressions!

**Troparion      Tone 4      (St. Phocas)**

By sharing in the ways of the Apostles,  
thou didst become a successor to their throne.  
Through the practice of virtue, thou didst find the way to divine contemplation, O  
inspired one of God;  
by teaching the word of truth without error, thou didst defend the Faith, even to the  
shedding of thy blood. //  
O Hieromartyr Phocas, entreat Christ God to save our souls!

**Kontakion      Tone 4      (Resurrection)**

My Savior and Redeemer  
as God rose from the tomb and delivered the earth-born from their chains.  
He has shattered the gates of hell,  
and as Master, //  
He has risen on the third day!

**Kontakion      Tone 2      (St. Mark)**

You did receive the grace of the Spirit from on high  
Destroying the snares of the orators  
You did hunt all the nations O Apostle  
And led them to your Master //  
O glorious Mark the preacher of the Gospel of God

**Kontakion      Tone 8      (St. Quadratus)**

The universe offers Thee, O Lord, the Apostle Quadratus  
as a most honored hierarch and athlete of great strength;  
with hymns it honors his all-venerable memory //  
and asks that through him Thou grant forgiveness of transgressions to those who  
sing his praise.

**Glory to the Father, and to the Son, and to the Holy Spirit**

**Kontakion      Tone 2      (St. Phocas\*)**

The Master established thee as a brilliant sun  
shining on all the faithful, glorious Hieromartyr Phocas.  
He has accepted thy life, faith and contest as myrrh, //  
for He is rich in mercy.

**Now and ever and unto ages of ages. Amen**

**Theotokion      Tone 6**

Steadfast Protectress of Christians  
Constant Advocate before the Creator  
Do not despise the cries of us sinners  
But in your goodness come speedily to help us who call on you in faith  
Hasten to hear our petitions and to intercede for us, O Theotokos //  
For you always protect those who honor you!

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\* The holy Phocas was born on the mid-southern coast of the Black Sea in Sinopé (modern-day northern Turkey). His father was a shipbuilder. Phocas eventually became the bishop of Sinopé bringing many pagans to the Faith by his words and miracles. A dove bearing a crown of flowers informed Saint Phocas of his impending martyrdom, to which he immediately went to the Governor Africanus and confessed the name of the God-Man Jesus Christ. Africanus submitted Phocas to torture, later delivering him over to the Emperor Trajan (98-117) who had him flayed and thrown in a boiling bath. There Saint Phocas gave up his spirit to God but continued to work many miracles for the faithful after his death.