

To Our Guests and Visitors about Receiving Holy Communion:

1. In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).
2. If you are non-Orthodox, please refrain from approaching the Chalice, but speak with Fr. Jonathan after the Liturgy. If you are Orthodox and unfamiliar to the Priest, please introduce yourself to Fr. Jonathan prior to the Liturgy, otherwise at the Chalice.
3. Please approach the Chalice in the following order: children first; then row-by-row from the front of Church, going to the Chalice on the side you are positioned (if there are two Chalices), returning to your place by the outside aisle past the table with the *antidoron* (bread and wine).

Prayers of Holy Oblation are offered for the Health of:

Archprst. Dimitri	Archprst. Stephen	Archprst. Elias	Mat. Marion	Irene
Laurie	Barbara	Tanya	Nicole & Noelle	Eli
Joshua	Mark	Nick	Nina	Charles
Gregory	Ronald	Ricardo	Nancy	Deanna
Bill	Kay	Lydia	Mary	Mikey
Patrick	Maksim	Richard	Kathy	Dolores
John	Jerry	Sbdcn. Joseph	Dcn, John	Charlotte

Tharika & newborn daughter

Prayers of Holy Oblation are offered in Memory of:

October Birthdays:

Gary Babina (10/1)	Jonathan Orras (10/3)	Faith Abraham (10/5)
Ruth Traycoff (10/7)	Fr. Elias Mitchell (10/9)	Nina Balikowsky (10/13)
John Veselenak (10/17)	George Nartsissov (10/22)	Fran Pouget (10/31)

TO SPONSOR COFFEE HOUR, please sign up on the calendar book on the glass case. COFFEE HOUR.

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at www.thatsmybrick.com/stmarkorthodox. You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters vary accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

St. Mark Orthodox Church

1517 57th Street E
Bradenton, FL 34208

"The Messenger"

V. Rev. Fr. Jonathan Cholcher
Rector

V. Rev. Fr. Stephen Plumlee
Attached

Sub-Deacon James Abraham

Parish Phone: (941)-749-7662

Parish Website: Bradentonorthodox.org
www.facebook.com/St.MarkOrthodoxChurch

Parish E-mail: stmarkocarector@gmail.com

Fr. Jonathan's Cell: (941)-807-5393

Office Hours: W, Th, F 10:00 AM – Noon

This week at St. Mark

1	Tuesday	8:15 AM	Matins (Protection of the Theotokos)
		9:30 AM	Divine Liturgy
2	Wednesday	6:00 PM	Vespers/Faith & Life Study (<i>Hebrews 1-2</i>)
3	Thursday	9:30 AM	Divine Liturgy
5	Saturday	10:00 AM	DeNardo/Hudson Wedding Rehearsal
		3:30 P M	Intro to Orthodoxy
		5:00 PM	Great Vespers
6	Sunday	9:30 AM	Divine Liturgy
		11:30 AM	Sunday School
		12:30 PM	Wedding of Michael DeNardo/Belle Hudson

Sunday, September 29, 2024 Tone 5

14th Sunday After Pentecost

2nd Sunday of Luke

Ven. Cyriacus the Hermit, of Palestine

Prokeimenon Tone 5 (Resurrection)

Thou, O Lord, shalt protect us / and preserve us from this generation forever. (Ps. 11:7)

V. Save me, O Lord, for there is no longer any that is godly! (Ps. 11:1a)

2 Corinthians 1:21-2:4 (Epistle)


Now He who establishes us with you in Christ and has anointed us is God, who also has sealed us and given us the Spirit in our hearts as a guarantee.* Moreover I call God as witness against my soul, that to spare you I came no more to Corinth. Not that we have dominion over your faith, but are fellow workers for your joy; for by faith you stand. But I determined this within myself, that I would not come again to you in sorrow. For if I make you sorrowful, then who is he who makes me glad but the one who is made sorrowful by me? And I wrote this very thing to you, lest, when I came, I should have sorrow over those from whom I ought to have joy, having confidence in you all that my joy is the joy of you all. For out of much affliction and anguish of heart I wrote to you, with many tears, not that you should be grieved, but that you might know the love which I have so abundantly for you.

Luke 6:31-36 (Gospel)

And just as you want men to do to you, you also do to them likewise. But if you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners to receive as much back. But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil. Therefore be merciful, just as your Father also is merciful.

* The Apostle references an *anointing* and *seal*, which is Orthodox Chrismation (see also Eph. 1:13; 1 Jn. 2:20, 27; Rev. 7:3). With Baptism, Christians are literally anointed and sealed with the Holy Chrism, that is, specially prepared aromatic olive oil.

ANNOUNCEMENTS

- Our Parish website is www.bradentonorthodox.org. See also www.facebook.com/St.MarkOrthodoxChurch.
- **A COFFEE HOUR SPONSOR SHEET** is located on the glass bookstore case in the Narthex. Please consider sponsoring Coffee Hour in 2024. Speak with Marsha Blazso for more information.
- **Immediately following each Divine Liturgy as we venerate the Cross, we pray the Post-Communion Prayers. Please maintain quiet until the prayers are completed.** 
- Anyone interested in helping count the Sunday collections, please see a Parish Council member.
- Architectural drawings and an artist's rendition of a **proposed fellowship hall** for St. Mark Church are on display in the Narthex. We are currently proceeding with the first phase of the project: eliminating our current septic system and tying into the city sewer, our past Lenten project which has been fully funded. Please join us in prayer seeking God's will for the realization of this project.
- **FOOD BANK DONATIONS** – for the months of **October and November: Canned Meats & Canned Fruit**. Donations can be placed in the designated baskets in the Narthex of the Church. This past week, George and Debbie Graban delivered the collected cereals and peanut butter, totaling 42 pounds, to the Food Bank. *Thank you for your generosity!*
- **THIRD QUARTERLY CHARITY (July-September) – FOCUS North America** (Fellowship of Orthodox Christians United to Serve); please give generously by designated check or envelope in the Narthex.
- **Baby Shower for Siena Brooks** (new born daughter of Catechumen Jordan and Tharika Brooks) – Saturday, October 12, from 10 AM to Noon, at the home of Cathy Johns (3003 93rd St. E, Palmetto). They are registered at Amazon under the name of Tharika Brooks.
- The Myrrhbearers will be hosting a Cooking Demonstration led by Warren Caterson. The originally planned date of October 26 might need to be changed due to a scheduling conflict. Details will be forthcoming in the bulletin.
- **A Church Picnic** has been scheduled for Sunday, November 3, following Divine Liturgy. Mark your calendars, and plan to share in the good food and fellowship.
- **Semi-annual Church Cleaning:** Saturday, November 16, at 10:00 AM. Twice a year, before the Advent/Christmas and Paschal seasons, we thoroughly clean the Church as our stewardship of the Lord's House. Any and all volunteers are welcome and appreciated!

Hymns after the Entrance with the Gospel:

Troparion Tone 5 (*Resurrection*)

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Troparion Tone 4 (*St. Mark*)

From your childhood the light of truth enlightened you, O Mark
And you loved the labor of Christ the Savior
Therefore you followed Peter with zeal
And served Paul well as a fellow laborer//
And you enlighten the world with your Holy Gospel

Troparion Tone 1 (*St. Cyriacus*)

O dweller of the wilderness and angel in the body,
thou wast a wonderworker, O our God-bearing Father Cyriacus.
Thou didst receive heavenly gifts through fasting, vigil, and prayer,
healing the sick and the souls of those drawn to thee by faith.
Glory to Him Who gave thee strength!
Glory to Him Who granted thee a ^crown!//
Glory to Him Who, through thee, grants healing to all!

Kontakion Tone 5 (*Resurrection*)

Thou didst descend into hell, O my Savior,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
Thou hast delivered Adam from the curse, O Lover of man,//
and we cry to Thee: "O Lord, save us!"

Kontakion Tone 2 (*St. Mark*)

You did receive the grace of the Spirit from on high
Destroying the snares of the orators
You did hunt all the nations O Apostle
And led them to your Master//
O glorious Mark the preacher of the Gospel of God

Kontakion Tone 8 (*St. Cyriacus)**

The sacred Lavra honors thee as a mighty champion and helper,
and yearly celebrates thy memory.
As thou hast boldness before the Lord: preserve us from our enemies//
so that we may sing: "Rejoice, thrice-blessed Cyriacus!"

Glory to the Father, and to the Son, and to the Holy Spirit

Now and ever and unto ages of ages. Amen

Theotokion Tone 6

Steadfast Protectress of Christians
Constant Advocate before the Creator
Do not despise the cries of us sinners
But in your goodness come speedily to help us who call on you in faith
Hasten to hear our petitions and to intercede for us, O Theotokos//
For you always protect those who honor you!

* Saint Cyriacus, the son of an Orthodox Priest, was born in Corinth in 448. Tonsured a Reader at 18, he left Corinth for Jerusalem without his family's knowledge. Saint Euthymius made him a monk but sent him to St. Gerasimus by the Jordan River, where he remained until St. Gerasimus's repose 9 years later. Returning to the monastery of St. Euthymius, Cyriacus dwelt in solitude, not staying long because of the laxity of the monks there and their continual disputing with another monastery of St. Theoctistus. Fleeing scandal and trouble, Cyriacus went to the Lavra (monastic cells joined on a common alleyway) of St. Chariton at Souka, eventually being ordained a Priest at age 40; throughout these years, he was free of anger and never ate before sunset. When 70 years old, Cyriacus went away with one disciple into the wilderness of Natoupha, enduring torments for the love of Christ and eating only wild onions. More and more faithful sought him out there to hear a word of salvation and be freed from evil spirits, so Cyriacus, now 90, moved further into the remote desert of Sousakim where he lived alone with a tame lion that watched over his little garden. During a deadly epidemic, the fathers at Souka persuaded Cyriacus to return where he protected them by his prayers and refuted the Origenist heresy (i.e., universalism) leading many Palestinian monks astray. When 99, he returned to Sousakim and lived in extreme asceticism for 8 more years, falling asleep in peace and godliness at the age of 107.